



# TRAINING & CONSULTANCY IN **ERGONOMICS &** HUMAN FACTORS

**Our Experts include**  
**PHD DOCTORS**  
**KINESIOLOGY EXPERTS**  
**ENGINEERS AND CONSULTANTS**  
**WITH MULTI COUNTRY EXPOSURE**

From tailored workstation optimizations to hands-on manual handling training, we prioritize comfort and safety. Our human factors insights enhance efficiency, while our ergonomic design transforms your space. With biomechanical brilliance, we ensure optimal body mechanics

## **SERVICES INCLUDE**

Manual Handling Mastery  
Human Factors Insights  
Ergo-Design Excellence  
Biomechanical Brilliance  
Virtual Ergo Solutions:  
Task-Specific Ergo Solutions:  
Risk-Ready Assessments:  
Ergo-Health Partnerships  
Stepping and Handling Techniques,  
Lifting Techniques  
Hands Protection and Hands Injury  
Prevention  
Hand Tool Safety  
Office Ergonomics  
Manufacturing Industry Ergonomics  
Slips Trips and Falls Prevention  
Furniture Assessment &  
Recommendation



## **More Information**



[www.osalp.com.pk](http://www.osalp.com.pk)  
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Pakistan

