

Defensive Driving Course



SAFETY



OSALP DDC has proven record of the best results in accident prevention. Learn the techniques for yourself, your family and for your company

SOMEBODY NEEDS YOU!



OSALP International professional training courses combine the latest tools, techniques, market research, case studies and dynamic ways of thinking, delivered by experienced trainers to ensure the skills and knowledge acquired are directly applicable to your organization.

- ◆ **Research** Latest concepts, tools, techniques, tried and tested methods
- ◆ **Trainers** Highest standard of dynamic trainers with cross-industry experience
- ◆ **Applicability** Training relevant to your needs and your workplace
- ◆ **Interactive** Just the right number of participants with group exercises, role-plays and feedback
- ◆ **Action** Planning, implementation and follow-up
- ◆ **Documentation** Comprehensive supporting notes and further reading material

SAFETYINFO.COM.PK

 **OSALP**
Occupational Safety & Loss Prevention



Defensive Driving Course - 2 days course

Driving is one of the biggest hazards we come across every day of our lives. Unfortunately we do not even recognize it as a hazard although it is a major cause of accidental deaths all over the world. OSALP Defensive Driving Course is one of the best courses available and therefore contains all aspects of defensive driving including the journey management , 24 hours life style, seating position etc

The Course

- ◆ Driving Attitude
- ◆ Drivers Distractions
- ◆ Seeing Habits for driving
- ◆ Journey Management
- ◆ 24 Hours Life Style
- ◆ Eye-Sight Tests
- ◆ Pre-Departure Inspections
- ◆ Seating Positions and Ergonomics
- ◆ Practical Commentary Drives for All



What will you Learn?

- ◆ Enhancement of the driving skills of a driver to understand, comprehend and deal with emergency situations which occur on all roads.
- ◆ Development of effective car control and observation skills
- ◆ To be able to demonstrate low risk techniques in driving a motor vehicle
- ◆ Prevention of avoidable motor vehicle crashes
- ◆ Development of appropriate hazard perception and risk management
- ◆ How to carry out a pre-trip inspection and Journey Management
- ◆ Understanding of driver fatigue and management of 24 hours life style

The course was extremely informative as well as easy to remember and Implement
This is the best Defensive Driving Course
that I have attended

Ashraf Course Participant Bangladesh



Who Should Attend

- ◆ Managers, Engineers
- ◆ Executives
- ◆ HSE staff
- ◆ Contractors
- ◆ Field staff, Company drivers and Spouses
- ◆ Practically everyone who drives a motor vehicle

Registration

Please contact **Sara Kalsoom**,
Facilitator Corporate Services with participants' details:

- ◆ Email: sara@osalp.com.pk
- ◆ Phone: 042-3660 1495, 042-36610391 -2
- ◆ Mobile: 0300-5500690
- ◆ Fax: 042-36610396

Dates 2010

- ◆ 21st-22nd Jan Thu-Fri Islamabad
- ◆ 24th-25th Sep Fri-Sat Karachi

Course Fee

- ◆ **Course fee = Rupees 15,000/Person Islamabad**
- ◆ **= Rupees 18,000/Person Karachi**
- ◆ Course fee is inclusive of Training Booklets, Lunches, Teas and Training Certificates
- ◆ We offer group package rates for more than 2 participants from the same organization

This Training In your Company

If you have a number of delegates with similar training needs, OSALP International also offers cost-effective in-house or on-site training solutions. The course can be tailor-made to suit your specific needs.